

Bully Proof Parent Educational Series Topic Descriptions

Bully, Bullied, or Bystander: Which one is your child?

For bullying to happen in school, it actually takes three types of people, the bully, the bullied, and the bystander. Parents will learn about the dynamics of bullying while becoming familiar with the roles that all students play in the process. Discussions about the harmful impacts of bullying will follow at home as parents are able to identify the roles played by their own children.

The Makings of a Bully

Children who bully are motivated by a variety of factors, which include peer pressure, power, and lack of empathy. Parents will come to understand how the home environment can foster a climate of bullying and aggression, and learn ways to model appropriate conflict resolution and leadership strategies.

Standup Strategies for Bullied Children

Children who are bullied do not have to accept it. It is not a normal part of growing up. Upon completion of this seminar parents will have the tools necessary to train their children in bully response techniques. Internet resources and action steps will also be explored, as parents are informed of constructive ways to respond and prevent school bullying.

Cyber Bullying: Keeping Your Child Safe

Cyber bullying is the use of a computer, cell phone, or another electronic device to harass, intimidate, or hurt someone. Like other forms of bullying, it can cause extreme distress. Parents will learn about the various forms of cyber bullying and the serious consequences that stem from this dangerous form of harassment. Upon completion of the seminar, parents will be able to effectively monitor their children's use of technology and protect them from victimization.

How to Become a Bully Proof Leader

To foster a climate of cooperation and awareness, parents must work together with students, teachers, and administrators to stop pervasive bullying on school campuses. During this seminar, parents will hear about programs throughout the country that are making a difference and become inspired to join in school and community efforts.